

Game Sandwiches.

Cut thin slices from the breasts of any cold game, dip them in aspic jelly to prevent them becoming dry. Sprinkle them with salt to taste and Nepaul pepper, and lay them between slices of bread and butter. For pheasant or rabbit sandwiches white bread should be used, or slices from a French roll; for grouse, partridge, blackcock, goose, duck or pigeon, brown bread should be substituted, and if liked, a little lemon juice may be sprinkled over the game after it is dipped in the aspic jelly.

Turkey, Chicken or Guinea-Fowl Sandwiches.

Place slices of the white meat from the breast of any of these birds, between triangles of white bread, plentifully buttered and delicately flavoured with salt and Nepaul pepper.

Turkey Sandwiches.

The same as above, substituting Bechamelle sauce, made thicker than you would use it for an *entrée*, for the butter. Cut the sandwiches in rounds, and serve them round a bed of chopped tomatoes. Use tinned tomatoes if fresh are not procurable.

Velvet Cream.

One tablespoonful of red currant jelly, and the same of raspberry or strawberry jam, one wineglassful of sherry, half of brandy well mixed, the juice of one lemon and half the peel grated; sweeten to taste; one pint of rich cream, which is to be added *last*. Whisk all together to a stiff froth. Add some Essence of Cochineal, to make it the proper colour.

Vanilla and Tapioca Cream.

Take equal quantities of pearl tapioca and cream, boil the tapioca thoroughly, whip the cream until it drops thickly from the spoon, mix the two together, flavour with Essence of Vanilla, or lemon if preferred, and sweeten to taste. Serve cold in a glass dish. Preserved peaches, pears, or stewed fruit are specially good eaten with it.

Cupid's Cake.

Put into a bowl, $\frac{1}{2}$ lb. sugar, with six eggs and two yolks; beat until quite light, then add six drops Purified Essence of Almonds, two tablespoonfuls Jamaica rum, $\frac{1}{4}$ lb. flour, and $\frac{1}{4}$ lb. ground rice. Mix lightly, and bake in buttered cake tins.

Cadogan Cake.

Cut a Madeira or sponge cake into slices, spread them with apricot or greengage preserve, and place together again in their former shape; cover with an icing made with the yolk and white of an egg, four drops Essence of Vanilla, and 3oz. icing sugar, beaten together.

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Nursing Echoes.

* * * All communications must be duly authenticated with name and address, not for publication, but as evidence of good faith.



I AM asked to mention here that the Proprietors of this Journal have been fortunate enough to make arrangements with Mrs. BEDFORD FENWICK to act as Editor of the NURSING RECORD, and on October 1st that well-known lady will commence the duties of the post. The arrangement of matter in these pages will be entirely re-cast, several new departures will be made, and, generally speaking, a wider range of subjects will be discussed than has hitherto been the case. A most important article on the Royal British Nurses' Association will appear next week, which all Nurses would do well to read.

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A VALUED correspondent writes:—"I fully concur in the opinion expressed in your pages of to-day's NURSING RECORD that District Nursing and Midwifery attendance should *not* be mixed up. The magnificent results that accrue from keeping Maternity Practice absolutely apart from all cases of sickness attest at once, the *humanity* and common-sense of the precaution. I speak from a knowledge of at least 26,000 cases of Midwifery attended by my colleagues and myself as Staff Midwives of the Birmingham Lying-in Charity. As an old subscriber to the NURSING RECORD, I greatly regret the retirement of our accomplished Editor from his editorial chair.

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A MUCH esteemed correspondent writes:—"The sanitary authorities in Aberdeen have not been behindhand in making suitable preparation for a possible outbreak of cholera. All vessels arriving in port are inspected and, where considered advisable, fumigating and disinfecting precautions are observed. Certain wards in the City Hospital are reserved for any suspicious cases. In the country it has been somewhat more difficult to make the necessary arrangements, owing to the smallness of the available local Hospitals, but the medical officer of health for the county has not been idle, and it is satisfactory to know that several thoroughly trained Nurses, chiefly belonging to the Aberdeen Sick Children's Hospital, have volunteered

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